Newborn Care

* Use hydrogen peroxide for cord care. Use a q-tip dipped in peroxide around the cord with each diaper change.
* It is ok to bathe the infant daily.
* Use unscented skin and clothing care products. Any unscented detergent may be used.
* If infant is breastfed, supplement with a dose of Poly-Vi-Sol daily. Other brands of infant multivitamin are acceptable. Follow package directions.
* If infant was born by c-section, give a probiotic supplement daily to help infant develop necessary good bacteria in the digestive system.
* If you notice that infant’s eye is matted, apply a warm wet compress and perform tear duct massage several times daily. Use your pinky finger in the corner of the patient’s eye near the nose and rub in small circles.

Scheduled Well Visits

1 month-PKU

2 months

4 months

6 months

9 months-no vaccines

12 months

15 months

18 months

2 years

Then once a year

Vaccine Schedule

2, 4, and 6 months: Prevnar (pneumococcal), Pediarix (DTaP, Hep B, and Polio), Hiberix (Hib), Rotateq (Rotavirus)

12 months: Prevnar (pneumococcal) and ProQuad (MMR and Varicella)

15 months: Infanrix (DTaP) and Hiberix (Hib)

18 months and 2 years: Havrix (Hepatitis A)